

## **MENTORING SESSION #40**

Name of Protégé \_\_\_\_\_  
Name of Mentor \_\_\_\_\_  
Date of Session \_\_\_\_\_

“When written in Chinese the word ‘crisis’ is composed of two characters. One represents danger and the other represents opportunity.”  
John F. Kennedy

### **PROFESSIONAL:**

**Core area of focus:** Ministry

**Subject:** Crisis Counseling

**Bring to the session:** - List of duty chaplain responsibilities  
- List of local counseling referral resources and phone numbers

- 1) Share some personal experiences you have been confronted with in crisis counseling situations.
- 2) Discuss the chaplain’s previous crisis counseling training and experiences.
- 3) Create an imaginary crisis situation and discuss how the chaplain ought to respond (e.g. rape, unexpected deaths, etc.).
- 4) Discuss the various referral sources that are available on your base and in your community, both secular and spiritual.
- 5) Review the duty chaplain responsibilities.

### **PERSONAL:**

- 1) What steps do you have in place to take care of yourself, the caregiver?
- 2) How will you process the memories of a crisis?

**NEXT SESSION DATE and TIME:**